

SUN	MON	TUE	WED	THUR	FRI	SAT
April Birthdays!!! Chuck T. 2/14 Michele R. 4/15 Shirley T. 4/18 Helen K. 4/21 Bob F. 4/27			April Fool's Day Passover 10:00 Weights and Balance (CR) 10:45 Crossword (CR) 12:00 Act Up! (LR) 2:00 Stuff the Easter Eggs for Community Easter Egg Hunt (CR) 4:00 Walking Club (CR)	1 10:00 Zumba (CR) 12:00 BuzzWords (LR) 2:00 Monthly Calendar Planning (CR) 3:00 Decorate Wooden Easter Ornaments (CR) 4:00 Walking Club (CR)	2 Good Friday 10:00 Total Body Fitness (CR) 10:45 Good Friday Service (CR) 12:00 Trivia (LR) 2:30 Welcome to the Weekend with Skip Hancock (DR)	3 10:00 Balloon Volleyball (CR) 10:45 Scrabble (GR) 12:00 Who Am I? (LR) 2:00 Bingo (CR) 4:00 Walking Club (CR)
Easter 10:15 First Presbyterian (L) 10:15 Holy Family (L) 2:00 Easter Hymn Sing a Long (CR) 4:00 Walking Club (CR)	5 10:00 Flex and Stretch (CR) 10:45 Crossword (CR) 12:00 Trivia (LR) 2:30 Live Performance by Beach Tones (DR) 4:00 Walking Club (CR)	6 9:45 Shopping Trip (Meet in Lobby) 10:00 Upper Body Workout (CR) 12:00 20 Questions (LR) 1:30 Bible Study (CR) 2:30 Word in a Word (CR) 4:00 Walking Club (CR)	7 10:00 Chair Yoga with Zack (CR) 10:45 Crossword (CR) 12:00 Family Feud (LR) 2:00 Birthday Social (CR) 3:00 Corn Hole (CR) 4:00 Walking Club (CR)	8 10:00 Zumba (CR) 10:45 Men's Club: April Guy Talk (CR) 12:00 You Be the Judge (LR) 2:00 Paint an Easter Bunny Ceramic Figurine (CR) 4:00 Walking Club (CR)	9 10:00 Total Body Fitness (CR) 10:45 Games (GR) 11:30 Let's go out to Lunch (L) 12:00 Trivia (LR) 2:30 Welcome to the Weekend with Cory Langley (DR)	10 10:00 Balloon Volleyball (CR) 10:45 Scrabble (GR) 12:00 Clichebles (LR) 2:00 Bingo (CR) 4:00 Walking Club (CR)
Orthodox Easter 10:15 First Presbyterian (L) 10:15 Holy Family (L) 2:00 Create Spring Flowers (CR) 4:00 Walking Club (CR)	12 10:00 Flex and Stretch (CR) 10:45 Crossword (CR) 12:00 Trivia (LR) 2:00 Pokeno (CR) 4:00 Walking Club (CR)	13 9:45 Shopping Trip (Meet in Lobby) 10:00 Upper Body Workout (CR) 12:00 Brain Quest (LR) 2:00 Detective Game: Solve the Cold Case (CR) 4:00 Walking Club (CR)	14 Tax Day 10:00 Weights and Balance (CR) 10:45 Crossword (CR) 11:00 Bible Study with Coop (GLOW) 12:00 I Should Have Known That! (LR) 2:00 Financial Advisor Presentation with Owen (CR) 4:00 Walking Club (CR)	15 10:00 Zumba (CR) 12:00 Who Knows It Better (LR) 2:00 New Resident Social (CR) 3:00 Corn Hole (CR) 4:00 Walking Club (CR)	16 10:00 Total Body Fitness (CR) 10:45 Games (GR) 12:00 Trivia (LR) 2:30 Live Magic Show with John Kingry (DR)	17 10:00 Balloon Volleyball (CR) 10:45 Scrabble (GR) 12:00 Oodles (LR) 2:00 Bingo (CR) 4:00 Walking Club (CR)
10:15 First Presbyterian (L) 10:15 Holy Family (L) 2:00 Art with Erica (CR) 4:00 Walking Club (CR)	19 10:00 Flex and Stretch (CR) 10:45 Crossword (CR) 12:00 Trivia (LR) 2:00 Pokeno (CR) 4:00 Walking Club (CR)	20 9:45 Shopping Trip (Meet in Lobby) 10:00 Upper Body Workout (CR) 12:00 Name 10 Trivia (LR) 1:30 Bible Study (CR) 2:30 Food for Thought (CR) 4:00 Walking Club (CR)	21 Earth Day 10:00 Dance Fitness (CR) 10:45 Crossword (CR) 12:00 Earth Day Trivia (LR) 2:30 Down to Earth Social (DR) 4:00 Walking Club (CR)	22 10:00 Zumba (CR) 12:00 Scattergories (LR) 2:00 National Vascular Associates host "Lunch and Learn" (CR) 4:00 Walking Club (CR)	23 10:00 Total Body Fitness (CR) 10:45 Games (GR) 12:00 Trivia (LR) 2:30 Welcome to the Weekend with James Curry (DR)	24 10:00 Balloon Volleyball (CR) 10:45 Scrabble (GR) 12:00 Jeopardy (LR) 2:00 Bingo (CR) 4:00 Walking Club (CR)
10:15 First Presbyterian (L) 10:15 Holy Family (L) 2:00 Bible Baptist Church Worship Service: with Andru K (CR) 4:00 Walking Club (CR)	26 10:00 Flex and Stretch (CR) 10:45 Crossword (CR) 12:00 Trivia (LR) 2:00 Pokeno (CR) 4:00 Walking Club (CR)	27 9:45 Shopping Trip (Meet in Lobby) 10:00 Upper Body Workout (CR) 12:00 April EZ Trivia (LR) 1:30 Bible Study with Chaplain Ron (CR) 2:30 Resident Association Meeting (CR) 4:00 Walking Club (CR)	28 10:00 Weights and Balance (CR) 10:45 Crossword (CR) 12:00 Act Up! (LR) 1:30 Matinee Movie (CR) 4:00 Walking Club (CR)	29 10:00 Zumba (CR) 12:00 Buzz Words (LR) 2:00 Visit from Great Neck Library (CR) 4:00 Walking Club (CR)	30 KEY CR - Community Room DR - Dining Room GR - Game Room LR - Living Room L - Lobby	

April 2026

Discovery Commons Virginia Beach: Assisted Living

